

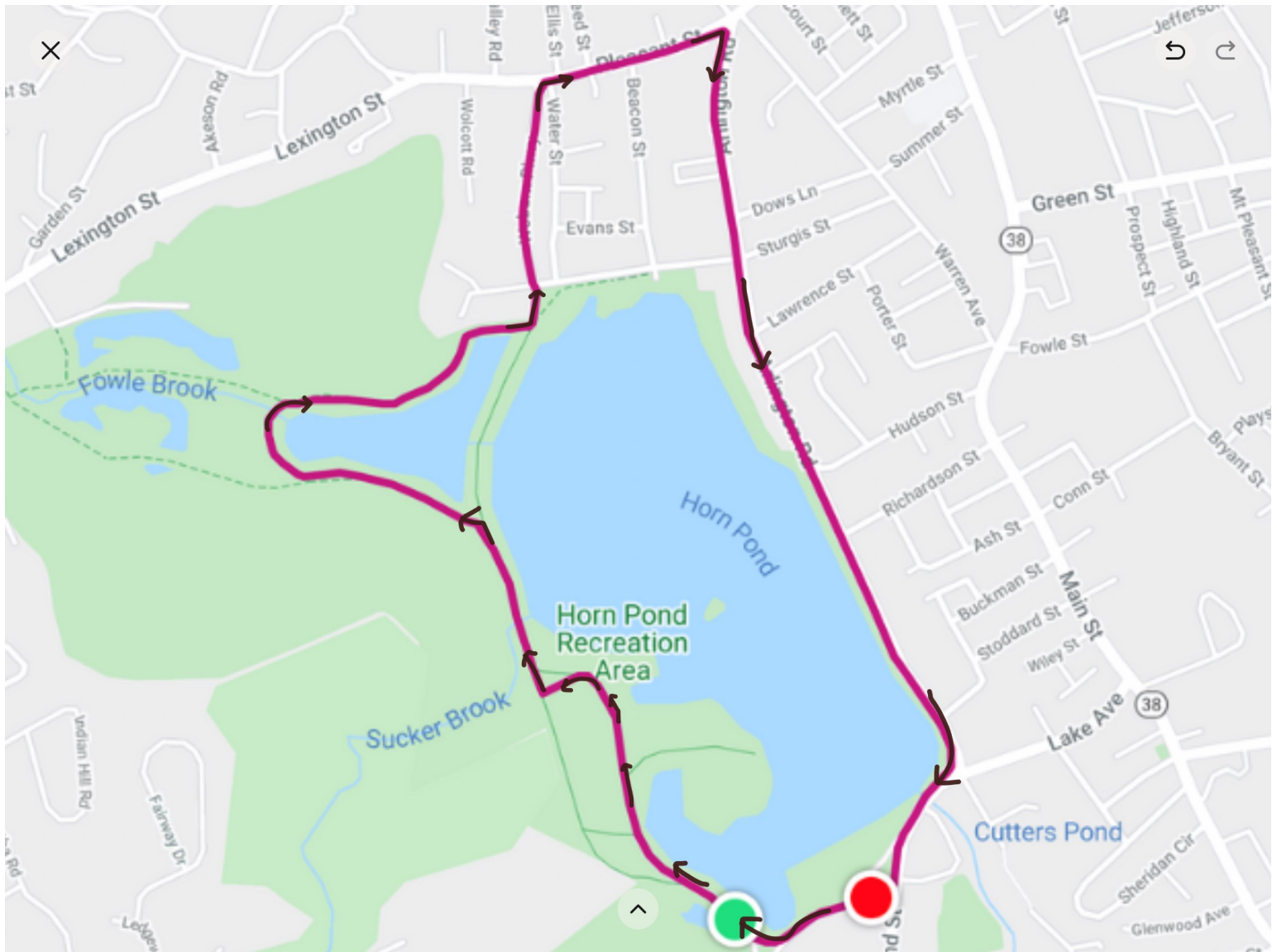
HORN POND 5K LOOP

Starting Point: Horn Pond boat launch parking lot | 93 Lake Ave, Woburn

Bus numbers: 80, 96, 134, 350 | Commuter Rail Lowell Line, Winchester station + 2.2 mile walk

1. Follow the path behind the Woburn water pumping station (brick building)
2. Veer right onto Cove St.
3. Turn right onto Woburn Parkway and continue right onto Horn Pond path
4. Stay on path until you get to a fork with water bodies on both sides – take the left path
5. Turn left towards Woburn Parkway
6. Turn right onto Pleasant St
7. Turn right onto Arlington Road
8. Continue on Arlington Rd. sidewalk
9. Turn right onto Lake Ave., continue until you reach the Horn Pond boat launch parking lot

*This is a paved trail and sidewalk route. Expect a steep hill up Woburn Parkway. See full map on back.





SOMERVILLE/ MEDFORD 5K LOOP

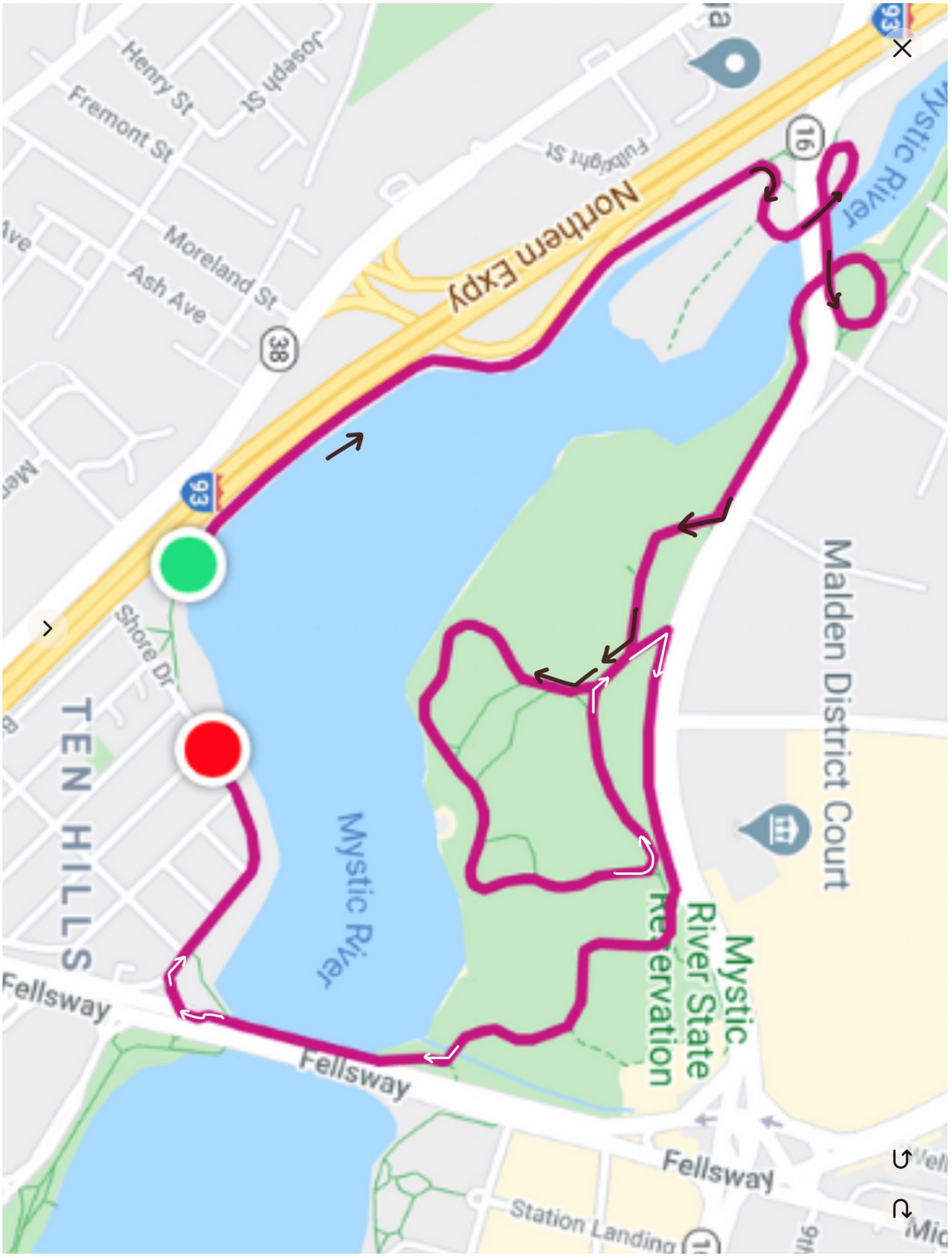
Starting point: Blessing of the Bay boathouse | 32 Shore Dr, Somerville

Bus numbers: 90, 95, 111 | Orange Line, Assembly station + 0.8 mile walk

1. Proceed to the path located behind the Gentle Giant rowing boat storage
2. Continue on the path until the Rte 16 intersection
3. Turn right and follow path under the bridge
4. Continue on path to the Rt 16 bridge
5. Cross the bridge and turn left onto the path
6. Follow the path under the bridge
7. Continue on the path along Rt 16
8. Turn right at the Macdonald Park sign and follow path, passing the wooden tower
9. At the next fork in the path take a right
10. Follow the path along the river
11. At the next fork take the left
12. Continue on path with the water to your right
13. Take a left onto the path parallel to Rt 16
14. At the fork take a right onto the sidewalk adjacent to Rt 16
15. Cross through the grass to the path and run to the parking lot
16. Take the path behind the parking lot
17. Continue on path along the water to Rt 28
18. Continue onto Rt 28
19. Cross Rt 28/Fellsway bridge
20. Turn right onto Shore Dr
21. Continue on Shore Dr sidewalk to starting point

*This is a paved trail and sidewalk route and is fairly flat. Expect some large roots/rocks in Macdonald Park. No street crossings. See full map on back.





MALDEN/EVERETT/NORTHERN STRAND 5K LOOP

Starting point: Walk Malden Sign/
South of Medford St. and the Northern Strand Trail

Intersection of Canal St. and Medford St., Malden

Intersection of Canal St. and Medford St., Malden

Bus numbers: 97, 106, 104/109 | Orange Line, Wellington station + 1.7 mile walk

1. Head south on Northern Strand trail
2. Turn right into Rivergreen Park in Everett
3. Follow Rivergreen path to Airforce Rd
4. Turn right onto Norman St / Santilli Hwy
5. Turn right onto Rt 16 sidewalk / Woods bridge
6. Sharp right at end of bridge onto Malden River path by Modera
7. Follow path past Modera into River's Edge path
8. Follow River's Edge path to River's Edge Dr
9. Right onto River's Edge Dr/ Commercial St sidewalk (or bike lane)
10. Right at Medford St
11. Right onto Northern Strand Trail to starting point

*This is a paved trail and sidewalk route in a busy area. Expect a steep hill at Modera. See full map on back.





CHARLESTOWN 5K LOOP

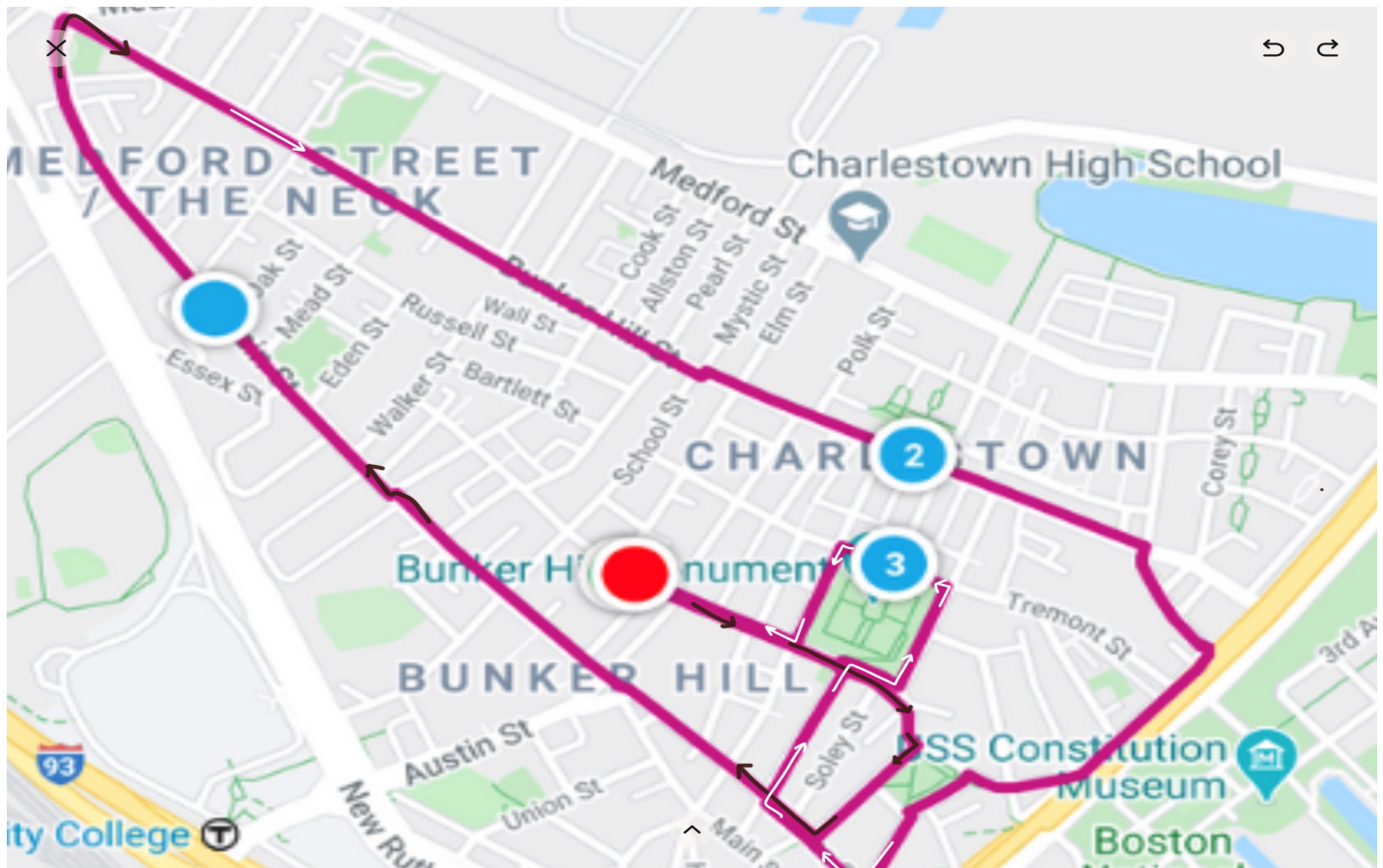
Starting Point: Charlestown Boys and Girls club

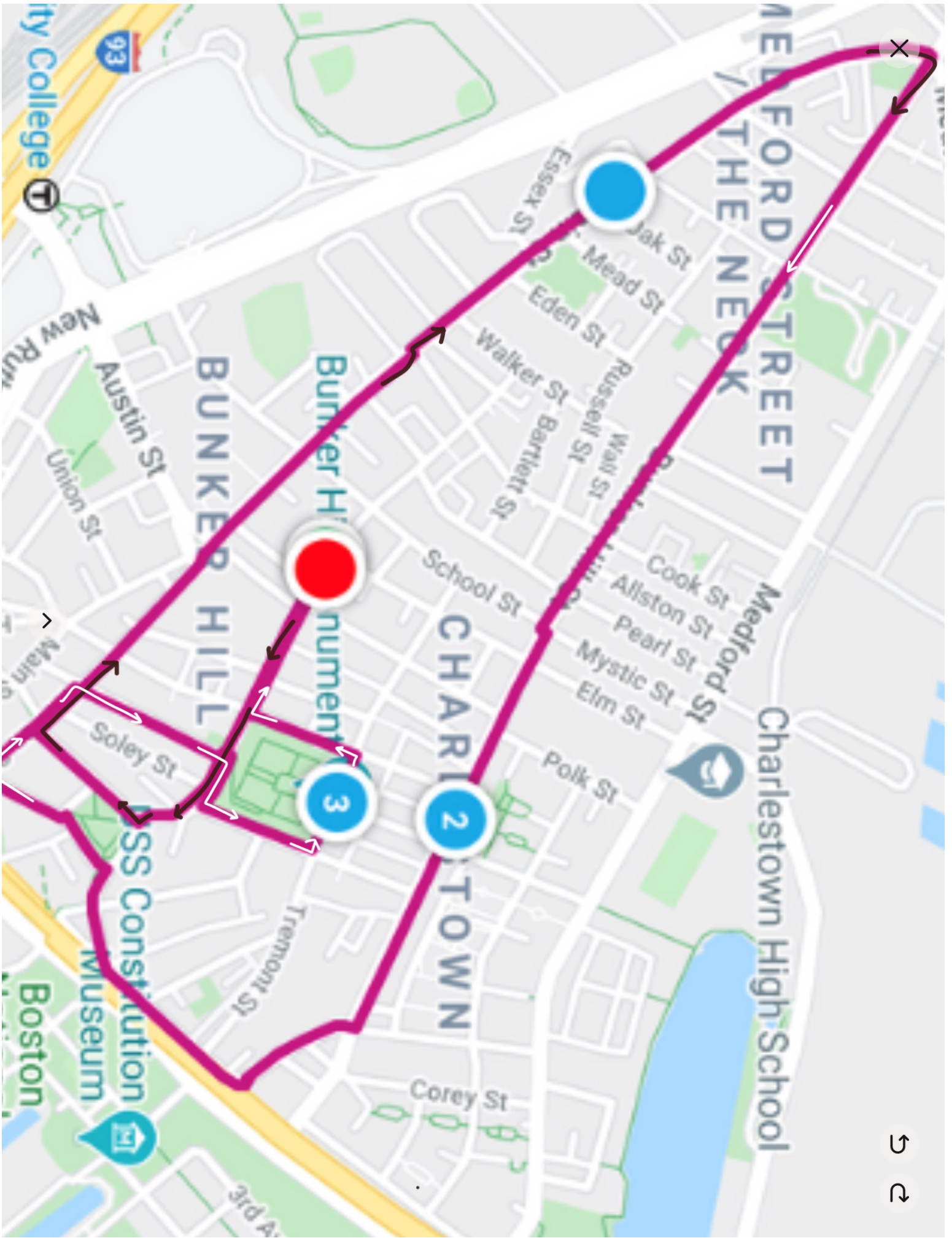
60 Green St, Charlestown

Bus numbers: 80/87, 93 | Orange Line, Community College station + 0.4 mile walk

1. Head SE on High Street towards Monument Sq
2. Continue onto Monument Sq
3. Continue onto Winthrop St
4. Turn right to stay on Winthrop St
5. Turn right onto Warren St
6. Continue onto Dexter Row
7. Continue onto Main St
8. Turn right onto Bunker Hill St
9. Stay right on Bunker Hill St
10. Turn right onto Lowney Way
11. Continue onto Adams St
12. Turn left onto Common St
13. Continue onto Park St
14. Turn right onto Warren St
15. Turn right onto Monument Ave
16. Turn right onto Monument Sq
17. Continue left to stay onto Monument Sq & follow Monument Sq around the park
18. Turn right onto High St and stop at the B&GC

*This is a sidewalk route in a busy area. Use caution. See full map on back.





City College

93

MEDFORD STREET
THE NECK

BUNKER HILL
Bunker Hill Monument

CHARLESTOWN

Charlestown High School

USS Constitution
Museum

Boston

