

RAIN OR SHINE

16<sup>th</sup> Annual

# Mystic River Herring Run & Paddle

Blessing of the Bay Boathouse  
32 Shore Drive, Somerville MA

Run, walk, or paddle for the fish!  
Sunday, May 20, 2012

Register at  
[www.MysticRiver.org](http://www.MysticRiver.org)

Sign up by May 1<sup>st</sup>  
for your free T-Shirt!

5K run/walk race  
starting at 9 am,  
3, 9, & 12 mile  
paddling races  
starting at 11 am

Compete in both the  
5K & 12 mile paddle race  
and be eligible for the  
Iron Herring Award.  
Great local prizes!



Mystic River Watershed Association  
your community • your watershed



Need a boat for the race? See [www.PaddleBoston.com/rentals/herring.php](http://www.PaddleBoston.com/rentals/herring.php)

**CALLING ALL VOLUNTEERS!**

Help with race planning and race-day events! Contact [Beth@MysticRiver.org](mailto:Beth@MysticRiver.org) or 781-316-3438.

**All proceeds benefit the Mystic River Watershed Association**

Illustration by Lenni Armstrong, design by Gwen Frankfeldt