

## HERRING RUN and PADDLE 3 Mile Paddling Race Instructions

Just about one mile in to the race you will come to a yacht club. Stay in the main channel by staying left here. When you come to Medford Square you will see the Craddock Bridge (Main Street). Before you go under the bridge you will see an orange buoy. Make the turn counterclockwise around this buoy and then return to the start/finish line at the Blessing of the Bay boathouse.

### Start and finish

Blessing of the Bay Boathouse

If you need to drop out of the race call:  
617 - 893 - 0209

For an emergency call: 911

